



Malamulele Onward Practical Course on Cerebral Palsy for Care Workers



Malamulele Onward exists to enable each child with Cerebral Palsy (CP) living in low resource rural settings to reach their best potential within a supportive environment. We believe that equipping all those who play an important role in life of a child with CP is sustainable as it is a long term investment that will help more children with CP benefit from quality rehabilitation services and excellent daily care.

One way of achieving this is to build capacity within CP Services by providing training to therapists, midlevel workers, care workers and to parents of children with CP living and working in rural areas. All our training courses are based on our experience in the field over the past ten years and are as practical as possible. We want to equip therapists and midlevel workers with basic handling skills together with the knowledge and understanding on how best to assist children with CP in an effective, goal directed and creative way. Recognising that CP is life long, the emphasis in all our training is that CP is a way of life for everybody involved with the child; and not simply a set of exercises which a mother needs to do every day.

Our Practical Course on CP for Care Workers is a 5 day course for all workers involved in the care and support of children with CP and their families in low-resource settings. It aims to equip care workers to feel effective and competent to help children with CP to grow, play and learn within a supportive environment. The course is balanced through a combination of teaching strategies including participatory workshops, hands-on practicals, group problem-solving and reflection sessions. This is a new course offered by Malamulele Onward that aims to equip care workers with the skills to work with children with CP in a way that is holistic and can impact the child's quality of life in the long-term.

LEARNING OUTCOMES

By the end of the course, participants will be able to:

- Identify the main types of CP and classify children according to the GMFCS
- Demonstrate handling ideas for the different types of CP
- Incorporate play, communication and functional visual training into the child's daily routines
- Understand the basics of safe eating and drinking and how to accommodate common eating and drinking problems in children with CP
- Implement a 24 hour postural management programme for Level 4 and 5 children
- Work effectively and respectfully with parents and caregivers



HOW IT WORKS

Due to the fact that care settings are so different, Malamulele Onward offers this course onsite. If a centre would like this course run for their workers, all they have to do is apply. We will then create a budget for the course and the centre can confirm if they would like to contract Malamulele Onward for a course to be run for their workers. A mutually agreeable date is then set for the course to take place.

HOW TO APPLY

If you would like to have this course run at your centre, please contact Misty at the following email address:

misty@cpchildren.org

